



Quick Reference: Brain Based Lesson Planning

Plan Activities Which...

- are novel
- are fun
- are interactive
- are multisensory
- are structured to encourage deeper thinking
- involve physical movement
- involve music
- involve drama
- build a class identity or camaraderie
- challenge students' perceptions
- use assessment as a teaching tool (rather than a tool to measure learning)
- spark healthy competition
- include storytelling and anecdotes
- simulate real life (which will yield improved transfer of learning)
- engage student emotions
- provide opportunities for students to make choices
- allow time for self and/or peer review
- give time for reflection of new concepts